

## THE ART OF HEALING MIND AND BODY

**SPEAKER HANS CHAUDHRY**

**Research Professor, NJIT Department  
of Biomedical Engineering**



**FRIDAY, JANUARY 30 11:30 A.M. – 1:00 P.M.  
CAMPUS CENTER BALLROOM A**

Although medical science in the West has historically equated mind with the brain, other traditions hold that the brain is only the receiving and transmitting center of Consciousness. As NJIT Research Professor Hans Chaudhry will discuss in his Technology, Art and Science Forum presentation on January 30, Consciousness can be channeled to promote health and healing.

An intrinsic component in the macrocosm of the world around us and the human microcosm, the energy of Consciousness can heal both the mind and body. Chaudhry will explain how we can access this energy and benefit from it through a variety of techniques, including auto-suggestion, harmonious breathing, meditation, yoga, surrender to the divine, physical, vital and mental transformation, and blending of science and spirit.

A member of NJIT's Biomedical Engineering Department since 1994, Chaudhry has been actively engaged in research involving connective tissues. He has published more than 80 articles in internationally prominent peer-reviewed research journals.

Prior to NJIT, Chaudhry held prestigious academic positions in science and engineering in India. His material research is complemented by equally deep interest in spiritual science — an interest that has grown over more than 50 years. He has guided a meditation group for NJIT faculty and staff for more than a decade.

Chaudhry has published two books on spiritual topics in addition to two articles on Consciousness in the *Journal of Ancient Science*. His recent talk, "Impact of Consciousness on Mind and Body", was very well received at the 11th International Conference of the Association of Ayurvedic Professionals of North America.

**For More Information:** Contact Jay Kappraff, [jay.m.kappraff@njit.edu](mailto:jay.m.kappraff@njit.edu) or 973-596-3490

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